



MNR Exports Pvt Ltd

## Eye Protection Policy

### Guidelines to Protect Eye if in contact with Chemical spillage

#### 1. Preventing chemical eye burns:

- **Wear goggles:** Always wear protective eyewear, such as goggles that closely fit around your eyes. If you wear glasses, then be sure that they fully protect your eyes.
- **Avoid contact lenses:** Avoid wearing contact lenses. Some chemicals can be very dangerous to people who wear contact lenses. Find out which chemicals you should avoid if you wear contact lenses.
- **Do not touch your eyes:** Do **not** touch your eyes with your hands when working with chemicals.
- **Follow instructions:** When using chemicals that may hurt your eye, **always** follow the instructions on the chemical's container.
- **Have a plan:** If you use chemicals, make a plan in case you or someone else gets burned. Know where the best water or liquid is located for washing your eye. If you work around chemicals, ask your employer for the best plan in case you get burned. Check to see if your company has an eye wash.

*Nilesh Doshi*

**NILESH DOSHI**  
(MANAGING DIRECTOR)

18<sup>th</sup> August, 2008



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## **2. If you get chemicals in your eye:**

- If you get chemicals in your eye, then it is important to **act fast**. The sooner you begin to wash your eye the better your chances are of healing. Waiting even a few extra seconds can make your burn a lot worse.
- **Irrigate (wash) your eye immediately:** It is very important to wash out the chemical from your eye at once. Do **not** stop irrigating your eye before 30 minutes. Wash your eye with a steady stream of water using tap water from your faucet or shower. Move your eyeball in all directions to make sure that all parts of your eye are washed. If possible, continue to wash out your eye with water until you reach the treatment center. Ask your caregiver or employer for the safest and best way to irrigate your eye.
- **Remove anything with chemicals on it:** Take off any clothing (such as a hat, shirt, or glasses) that may have chemicals still on it. Do **not** take off your contact lenses. Your contact lenses may wash out during irrigation or may be removed by your caregiver.
- **Have someone hold your eye open:** If another adult is nearby, ask him to help you irrigate your eye. He may help keep your eye open if your eyelid is twitching.
- **Use the cleanest water:** If you are at home, use the cleanest water that you can quickly get. Use tap water (water from your faucet) if that is the only water you can get to quickly. If you are burned at work, use a wash station if your company has one. A wash station is a special faucet that provides certain fluid for washing out your eye. Otherwise, use the cleanest water that you can get to quickly. **Never** use other chemicals to wash out your eye.

*Nilesh Doshi*

**NILESH DOSHI**  
**(MANAGING DIRECTOR)**

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- **Call for help:** If another adult is nearby, ask him to call emergency contact number. If you are by yourself, call emergency contact number if you can safely do so without stopping irrigation.
- **Bring container to treatment center:** If possible, bring the chemical's container to show your caregiver. Do **not** bring the container if the chemical may burn you again.

### 3. CONTACT A CAREGIVER IF:

- If your eye feels dry.
- You have tearing or watering of the eye.
- You have questions or concerns about your condition, treatment, or care.

### 4. SEEK CARE IMMEDIATELY IF:

- Your eyesight is blurry or you cannot see at all.
- You have eye pain or it hurts to look at light.  
You have new cuts, bumps, or other damage on your eyeball.
- Your eyeball or eyelid is swollen.
- Your eye becomes covered with tissue that is cloudy, white, or gray.

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